

# Enrichment Programs: Fall 2017

## Join us for enrichments this fall at Van Ness Elementary!

Springboard's fall programs are taught by local community experts, and offer multiple opportunities for kids to explore fun and creative activities!

### Benefits of enrichment programs include:

- Increased academic success and social skills
- Boosted self-confidence and self-esteem
- Dedicated time for fun and relaxation while exploring new interests, or building skills

Register by **September 15<sup>th</sup>** to secure your spot!

Please note, some classes may be cancelled if enrollment is low. To help avoid cancellation, it is best to register early.



### Program Information

Area Director: Ashley Olt,  
aolt@springboardkids.com

**Location:**  
Van Ness Elementary

**Questions?**  
enrichments@springboardkids.com

**Registration Opens August 29th:**  
parent.springboardkids.com

	Weekday	Time	Grades	Price	Start	End
<b>Van Ness</b>						
Labyrinth Game Club EC	M	3:45-4:45	PS-K	\$80.00	9/25	11/20
Labyrinth Game Club: Big Kids	M	4:45-5:45	1st-2nd	\$80.00	9/25	11/20
PURE Tennis: Tennis Tots	M	3:45-4:45	PS-PK	\$200.00	9/25	11/20
PURE Tennis: Quick-Start	M	4:45-5:45	K-2nd	\$200.00	9/25	11/20
Music Appreciation PS-PK	M	3:45-4:45	PS-PK	\$135.00	9/25	11/20
Music Appreciation K-2	M	4:45-5:45	K-2nd	\$135.00	9/25	11/20
Comic Kidz	M	3:45-4:45	1st-2nd	\$120.00	10/16	11/20
Super Soccer Stars PS-PK	T	3:45-4:45	PS-PK	\$192.00	9/26	11/14
Super Soccer Stars K-2	T	4:45-5:45	K-2nd	\$192.00	9/26	11/14
Engineering for Kids PS-PK	T	3:45-4:45	PK	\$185.00	9/26	11/14
Engineering for Kids K-2	T	4:45-5:45	K-2nd	\$185.00	9/26	11/14



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Zumba	T	3:45-4:45	K-2nd	\$170.00	9/26	11/21
Tippi Toes Tippi Jam	TH	3:45-4:45	PS-PK	\$225.00	9/28	11/30
Tippi Toes Tippi Pro	TH	4:45-5:45	K-2nd	\$225.00	9/28	11/30
Mad Science: Crazy Chemworks (PS-K)	TH	3:45-4:45	PS-K	\$140.00	9/28	11/16
Mad Science: Crazy Chemworks (1-2)	TH	4:45-5:45	1st-2nd	\$140.00	9/28	11/16
Basketball with Capitol Kids	TH	3:45-4:45	K-2nd	\$198.00	9/28	11/30
Schoolinary Arts	TH	3:45-4:45	K-2nd	\$190.00	10/12	11/9
Gymnastics with Power Tots	F	3:45-4:45	PS-K	\$108.00	9/29	12/8
Cheerleading with Capitol Kids	F	3:45-4:45	K-2nd	\$132.00	9/29	12/8
Lego Lab	F	5:00-6:00	K-2nd	\$130.00	9/29	12/8

## Fall 2017 Course Offerings

### Monday

#### **Labyrinth Game Club: Early Childhood** (Grades: PS-K)

**Price:** \$80.00 **Minimum:** 7 **Dates:** 9/25 to 11/20 (8 classes; no class 10/9) **Time:** 3:45-4:45pm

**Description:** Labyrinth Game Club is a weekly educational class utilizing modern, non-electronic board and card games to help children practice a variety of social and emotional skills. While our first and foremost objective is fun, children will gain experience winning and losing with grace, and practicing empathy for their fellow gamers. Following instructions and using fine motor, memory, math and storytelling skills are also key components in both the competitive and cooperative games the children will be playing.

#### **Labyrinth Game Club: Big Kids** (Grades: 1<sup>st</sup>-2<sup>nd</sup>)

**Price:** \$80.00 **Minimum:** 7 **Dates:** 9/25 to 11/20 (8 classes; no class 10/9) **Time:** 4:45-5:45pm

**Description:** Labyrinth's Strategic Games Club is a weekly class dedicated to the idea of learning through gaming. Children will be playing a variety of modern and classic non-electronic board and card games. Playing games helps children in a variety of areas, allowing them to practice math and verbal skills, social and emotional skills, and sparking their creativity! Students will be taught a variety of games both cooperative and competitive, and at the end of the course will design their own game.

#### **PURE Tennis: Tennis Tots** (Grades: PS-PK)

**Price:** \$200.00 **Minimum:** 6 **Dates:** 9/25 to 11/20 (8 classes; no class 10/9) **Time:** 3:45-4:45pm

**Description:** Tennis Tots is a fun-filled, challenging junior tennis coaching program designed for little players in grades PS-PK. This program is aimed at enhancing motor skills such as hand-eye coordination, balance, movement, and spatial awareness. Each lesson is full of games that incorporate tennis skills to ensure players are engaged, and most importantly, having fun.

#### **PURE Tennis: Quick-Start** (Grades: K-2<sup>nd</sup>)

**Price:** \$200.00 **Minimum:** 6 **Dates:** 9/25 to 11/20 (8 classes; no class 10/9) **Time:** 4:45-5:45pm

**Description:** Quick-Start Tennis for Kids is a group play activity featuring action-based tennis drills for children in grades K-2 of all ability levels. This program emphasizes movement and fun using age-appropriate equipment in addition to developing tennis and athletic skills, while improving health and fitness!



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**Music Appreciation** (Grades: PS-PK and K-2<sup>nd</sup>)

**Price:** \$135.00 **Minimum:** 10 **Dates:** 9/25 to 11/20 (8 classes; no class 10/9)

**Time:** 3:45-4:45pm (PS-PK class); 4:45-5:45pm (K-2<sup>nd</sup> class)

**Description:** Get ready to rock out with Just Rock! Learn fun vocal warm-ups, singing, dancing, light music theory, and classroom instruments in this Music Appreciation class. Our goal is to promote confidence in students through fun and creative music instruction, while helping them appreciate music. There will be a showcase performance at the end of the session!

**Learning League: Comic Kidz** (Grades: 1<sup>st</sup>-2<sup>nd</sup>)

**Price:** \$120.00 **Minimum:** 5 **Dates:** 10/16 to 11/20 (6 classes) **Time:** 3:45-4:45pm

**Description:** Superheroes, cartoons or a crazy monster could all be created in this Comic Creating Workshop. Students will learn the basics of creating a comic, whether it be a Comic Book or Comic Strip! Each child will learn how to develop characters, storyline and learn the basics in drawing. The final day of this workshop the children will promote their own comic at our very own Comic Con!

## Tuesday

**Super Soccer Stars** (Grades: PS-PK and K-2<sup>nd</sup>)

**Price:** \$192.00 **Minimum:** 4 **Dates:** 9/26 to 11/14 (8 classes)

**Time:** 3:45-4:45pm (PS-PK class); 4:45-5:45 (K-2<sup>nd</sup> class)

**Description:** At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. All Super Soccer Stars classes are based on age-specific curricula created by a combination of early childhood, soccer, and behavioral specialists to guarantee that each child is learning and having a blast from the moment the whistle blows!

**Engineering for Kids: Jr. Civil Engineering** (Grades: PreK4 and K-2<sup>nd</sup>)

**Price:** \$185.00 **Minimum:** 14 **Dates:** 9/26 to 11/14 (8 classes)

**Time:** 3:45-4:45pm (PreK4 class); 4:45-5:45pm (K-2<sup>nd</sup> class)

**Description:** Building a house to withstand the Big, Bad Wolf is where the fun begins in Junior Civil. This class is centered on exploring the concepts of building and construction through hands-on exploration and design. Students explore the engineering behind skyscrapers, bridges, roads, and more in this fun and engaging experience.

**Zumba** (Grades: K-2<sup>nd</sup>)

**Price:** \$170.00 **Minimum:** 8 **Dates:** 9/26 to 11/14 (8 classes) **Time:** 3:45-4:45pm

**Description:** Over the course of eight weeks, students in Zumba will learn basic moves, become familiar with the Zumba style of music, experience a bit of Latin American culture, and learn 2-3 full dances by the end of the class. And of course, there will be a lot of fun!

## Thursday

**Tippi Toes Tippi Jam** (Grades: PS-PK)

**Price:** \$225.00 **Minimum:** 6 **Dates:** 9/28 to 11/30 (9 classes; no class 11/23) **Time:** 3:45-4:45pm

**Description:** Tippi Jam is a high-energy dance class designed to keep boys and girls engaged in continual motion while they learn the basic elements of ballet, tap, and jazz in a way that is fun and healthy including exercising their bodies and singing voices!

**Tippi Toes Tippi Pro** (Grades: K-2<sup>nd</sup>)

**Price:** \$225.00 **Minimum:** 6 **Dates:** 9/28 to 11/30 (9 classes; no class 11/23) **Time:** 4:45-5:45pm

**Description:** Tippi Pro takes Tippi Jam (ballet, tap, jazz combo) to a whole new level – introducing more complex dance steps, combos, and steps across the floor! This class is designed for 6-9 year olds and builds on concepts learned in prior Tippi Toes classes.

### **Mad Science** (Grades: PS-K and 1<sup>st</sup>-2<sup>nd</sup>)

**Price:** \$140.00 **Minimum:** 15 **Dates:** 9/28 to 11/16 (8 classes)

**Time:** 3:45-4:45pm (PS-K class); 4:45-5:45pm (1<sup>st</sup>-2<sup>nd</sup> class)

**Description:** This action-packed after-school program is bubbling over with classic experiments and crazy concoctions. Perform spectacular hands-on activities using real tools. Witness stunning demonstrations and join in inquiry-based discussions. Students will learn and apply the concepts and techniques just like a real chemist. Crazy Chemworks is the perfect introduction to elementary chemistry.

### **Boys Basketball with Capitol Kids** (Grades: K-2nd)

**Price:** \$198.00 **Minimum:** 8 **Dates:** 9/28 to 11/30 (9 classes; no class 11/23) **Time:** 3:45-4:45pm

**Description:** At Capitol Kids Sports, our Basketball sessions are organized and delivered focusing on 3 core concepts: 1) skill instruction/practice, 2) game play, 3) character education. During the skill instruction portion of our lessons, student athletes are presented with and given opportunities to practice the skills needed to play basketball. These include (but are not limited to) passing, dribbling, shooting, and game rules. During game play, student athletes will be given the opportunity to hone their skills in a friendly and supportive environment. Throughout our practices, character education is emphasized. During each class, coaches will discuss the importance of such values as teamwork, cooperation, respect, and sportsmanship.

### **Schoolinary Arts: Garden Party, Part 1** (Grades: K-2nd)

**Price:** \$190.00 **Minimum:** 7 **Dates:** 10/12 to 11/9 (5 classes) **Time:** 3:45-4:45pm

**Description:** Students will discover a new fruit or vegetable during each culinary creation session. As a new food is introduced, we will explore each food's nutritional origin and value while applying culinary skills such as chopping, whisking, and peeling. In addition to applying math, science, and reading comprehension, students will have an opportunity to work collaboratively with peers. By the end of the course, students will have the confidence to contribute a dish for the culminating project and host a Garden Party.

## Friday

### **Gymnastics with Power Tots** (Grades: PS-K)

**Price:** \$108.00 **Minimum:** 8 **Dates:** 9/29 to 12/8 (6 classes; no class 10/27, 11/3, 11/10, 11/24, 12/1)

**Time:** 3:45-4:45pm

**Description:** Power Tots Gymnastics offers a fun and exciting program that is designed to challenge and educate children in multiple aspects of their lives. Fine and gross motor skills are developed and enhanced along with the overall physical and emotional well-being of each child. Our challenging and thorough curriculum touches on skill-building for cartwheels, forward/backward rolls, handstands, jumps, and so much more! Every goal is reached with the effort and execution of our belief in the "power of a positive attitude!"

### **Cheerleading with Capitol Kids** (Grades: K-2<sup>nd</sup>)

**Price:** \$132.00 **Minimum:** 8 **Dates:** 9/29 to 12/8 (6 classes; no class 10/27, 11/3, 11/10, 11/24, 12/1)

**Time:** 3:45-4:45pm

**Description:** At Capitol Kids Sports, our Cheerleading program is designed to make young student athletes better, in both cheerleading and in life. The fun and exciting lessons focus on choreography, basic stunts/tumbling, team formations, strength building, and movement. During lessons we encourage leadership, integrity, teamwork, dedication, and positive attitudes. Our instruction is focused on excelling each student athlete to the best of their ability and helping them realize their full potential.

### **Learning League: Lego Lab** (Grades: K-2<sup>nd</sup>)

**Price:** \$130.00 **Minimum:** 6 **Dates:** 9/29 to 12/8 (6 classes; no class 10/27, 11/3, 11/10, 11/24, 12/1)

**Time:** 5:00-6:00pm

**Description:** Students will build, explore and create in this hands on learning laboratory! Each day students will be given a challenge to solve using the Engineering Design Process. Children will also have a period of time to build and create anything that comes to mind in the Lego Lab!



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